

2020 Alsdorf ETU Powerman Middle Distance



Duathlon European Championships



am 19. April 2020
„Together we boost Duathlon“

Organizer

Marathon-Club Eschweiler e.V. 1983

Event management and accessibility

Racedirector

Patrick Thevis, Tel. 0151/50739664

E-Mail: thevis@freenet.de

Technischer Delegierter ETU

Thomas Klingler

E-Mail: kari@tklingler.de

Venue

Denkmalplatz, 52477 Alsdorf

The event jury will be announced in the briefings.



Competitions Registration and eligibility

2020 Alsdorf ETU Powerman Middle Distance Duathlon European Championships

For the start of the European Championship Elite and age groups, the following prerequisites have to be fulfilled:

1. Registration and on the event page www.powerman-alsdorf.de
2. Payment of start fees
3. Notification to the National Federation, this must confirm the registration, otherwise a start at the European Championship is not possible.

For the European Championships, the uniform rule of the ITU applies, each athlete is only entitled to start with a suit verified by the National Association. Verified suits are available at:

https://www.triathlon.org/development/technical_officials_docs/category/uniforms_catalogues listed.

On-site, the Valid License of the National Association must be presented

The minimum age is 18 years

This also applies to all athletes who participate in the European Championships and DM participation registration deadline is 01.03.2020

Powerman open classic

1. Registration and on the event page www.powerman-alsdorf.de
2. Payment of start fees
3. Own a license of a recognized association if not on site to purchase a daily license

Registration deadline is 05.04.2020, late registrations on site are not possible

Powerman Sprint

1. Registration and on the event page www.powerman-alsdorf.de
2. Payment of start fees

Registration deadline is 05.04.2020, late registrations on site are not possible

The start times are published on the website

ETU Powerman Middle Distance Duathlon European Championships

Competition	Distance	Entry fee	Eligible
Elite women Elite men	10 / 60 / 10 km	from 09.09.2019 105€ from 01.11.2019 115€ from 01.01.2020 125€	
AG Men 18 -54	10 / 60 / 10 km	from 09.09.2019 105€ from 01.11.2019 115€ from 01.01.2020 125€	to vintage 2002
AG Women & AG Men 55+	10 / 60 / 10 km	from 09.09.2019 105€ from 01.11.2019 115€ from 01.01.2020 125€	to vintage 2002
Open race	10 / 60 / 10 km	from 09.09.2019 75€ from 01.11.2019 85€ from 01.01.2020 95€	to vintage 2002

The starting fee includes 6€ association fee, royalties, chip rental fee, catering at the competition tracks and at the finish line, massage service in the Stadthalle Alsdorf, Finisher Medal and the Pasta Party the night before. Results list and document printing on the Internet.

Registration deadline is 05.04.2020 or as soon as all competitions are fully booked. Late registrations are not possible on the day of the event. In the event of non-participation, no refund of the entry fee will be made. Free re-registrations are possible until 05.04.2020.

The finish is at 3:30 p.m.!

In the event of non-participation, no refund of the entry fee will be made. The finish closed at 3:30 p.m.!

Powerman Classic Team Relay

Competition	Distance	Entry fee	Eligible
Team relay	10 / 60 / 10 km	from 09.09.2019 85€ from 01.11.2019 95€ from 01.01.2020 105€	to vintage 2004

The starting fee includes 6€ association fee, royalties, chip rental fee, catering at the competition tracks and at the finish line, massage service in the Stadthalle Alsdorf, Finisher Medal and the Pasta Party the night before. Results list and document printing on the Internet.

Registration deadline is 05.04.2020 or as soon as all competitions are fully booked. Late registrations are not possible on the day of the event. In the event of non-participation, no refund of the entry fee will be made. Free re-registrations are possible until 05.04.2020. Those who are 16 years old on the day of the event are

allowed to take part. Each relay consists of a cyclist and one or two runners.
Women's, men's and mixed relays, teams of 2 or 3 are allowed.
The finish closed at 3:30 p.m.!

Competitions and routes

Powerman Classic:

Run: 10 km: 4 flat laps through the town center

Bike: 60 km: 3 laps totally traffic free

Run: 5,0 km: 2 flat laps through the town center

Powerman Sprint:

Run: 5,0 km: 2 flat laps through the town center

Bike: 20 km: 1 lap totally traffic free

Run: 5,0 km: 2 flat laps through the town center

Prizes

Powerman Classic:

Medals European Championships for place 1-3 of age group (m / w)

Prize money Elite EC:

1. Place m/w = 1250€, 2. Place m/w = 1000€, 3. Place m/w = 750€,
4. Place m/w = 500€, 5. Place m/w = 400€, 6. Place m/w = 350€,
7. Place m/w = 300€, 8. Place m/w = 200€, 9. Place m/w = 150€,
10. Place m/w = 100€

Powerman Sprint

Competition	Time	Distance	Entry fee	Eligible
Ak0 – Ak2, SEN1 – SEN7	12:30 Uhr	5 / 20 / 5 km	from 09.09.2019 35€ from 01.01.2020 40€	to vintage 2002

The starting fee includes 2€ association fee, chip rental fee, fruit, cakes and drinks at the destination. Results list and document printing on the Internet.

Registration deadline is 05.04.2020 or as soon as all competitions are fully booked.

Late registrations are not possible on the day of the event. In the event of non-participation, no refund of the entry fee will be made. Free re-registrations are possible until 05.04.2020.

The finish closed at 3:30 p.m.!

Eligible / Rating

Powerman Sprint:

All athletes up to year 2002, age groups in 5-year classification from Ak0

Competition tracks

Run: 5.0 km: 2 flat laps through the Alsdorfer City

Wheel: 20 km: 1 lap, undulating turning point (completely closed federal road)

Run: 5.0 km: 2 flat laps through the Alsdorfer City

Awards

Honorary or non-cash prizes for place 1-3 of the overall classification (m/f), as well as age groups place 1-3

Information

Internet: www.mc-eschweiler.de

E-Mail: Thevis@freenet.de

Registration

Online registration on the homepage: www.powerman-alsdorf.de

Login is closed 01.03.2020 for EC and 05.04.2020 for the other races.

Timing

The time measurement is carried out by TRIALOGEvent. The time measurement is performed only with the foot transponders provided by TRIALOGEvent. The transponders are borrowed and can't be bought. Transponders from other companies may not be worn during the match. Each participant pays the loan fee together with the starting fee. You can also use your own existing Chipbands.

Transition Area

The exchange zone only access for participants. The bicycle must be equipped with its own personal starting number.

The change zone closes 15 minutes before the start.

The bikes are monitored until 16:00.

The return of the bicycles occurs on delivery of the foot transponders and under control of the starting number after the match. To wear the starting number, the use of a starting number band is recommended.

Contest briefing

Briefing for the Middle distance: See schedule on the website participation is mandatory.

The contest meeting for the Powerman sprint distance takes place 15 minutes before the start of the competition on the race day in the start area. Participation is obligatory!

Pasta Party

The pasta party will take place on April 18th, 2020 at 6:30 p.m. at Autohaus Zittel, Linnicher Str. 203, Alsdorf. All participants of the Powerman classic distance have included the pasta party in the fee

Starting documents

On the 18th of April from 10am to 3pm at the Sportsfreund Alsdorf and at the day from 7am to 12 at the Sportfreund Alsdorf, Bahnhofstrasse 56, 52477 Alsdorf.

Honorary Ceremony / Awards

After the match about 16:30 hours for all at the Stadthalle Alsdorf

Results

On the Internet: www.powerman-alsdorf.de

Dress up and shower

Swimming pool Luisenstraße, next to Start, Finish and change zone.

Athlete statement i.v.m. Participation in Powerman Alsdorf

I hereby declare my permission to the Rules of Procedure as described in the cancellation. I confirm that there are no medical considerations that speak against my participation and my health condition and fitness meet the physical requirements of the match.

I recognize / acknowledge the health hazards associated with the contest and confirm explicitly, at your own risk and risk. Likewise, I assure that I will make no demands to the organizer, its employees, associations and organizations, the city or the region, which are not covered by the LSB insurance / my own insurance.

With my application, your consent states that my data is being prepared for preparation and also during the Duathlon event. Also, Event pictures may be used.