

# **Infection protection concept – Sport Event**

For holding a sport event without spectator

**Marathon-Club Eschweiler 1983 e.V.**

**2021 Europe Triathlon Powerman Middle Distance Duathlon  
Championships Alsdorf**

**15th August 2021**

## **Preamble**

This hygienic concept, in which the most important topics according to the infection protection concept are regulated, serves to contribute to the health of the participants at Powerman Alsdorf through a hygienic environment.

The focus of this concept is on the one-time implementation of a sporting event without spectators.

In order to protect the organizers, helpers, competitors and the population from the further spread of the COVID-19 virus, we undertake and take over the responsibility to follow the infection protection principles and hygiene rules.

## **1. Responsible Persons**

Organizer: Marathon-Club Eschweiler 1983 e.V.

Contact persons for hygienic concept:

1. Florian Hach (Hygienic Lead Marathon-Club Eschweiler 1983 e.V.)

E-Mail: [florianhach@gmx.de](mailto:florianhach@gmx.de) Tel.: 0176-28874330

2. Anna Jansen (Hygienic Deputy Marathon-Club Eschweiler 1983 e.V.)

E-Mail: [annajansen1@gmx.de](mailto:annajansen1@gmx.de) Tel.: 0176-32471211

3. Patrick Thevis (Race Director)

E-Mail: [thevis@freenet.de](mailto:thevis@freenet.de) Tel.: 0163-1520501

## 2. Information on the accessible area outside

The *Denkmalplatz*, *Annaplatz*, the pedestrian area of *Rathausstrasse* and *Übacher Weg* (transition area for bikes) will be used to hold the competition. When entering the event area, the body temperature of each person is measured. If the body temperature is  $> 38^{\circ}\text{C}$ , a rapid corona test is carried out. If it turns out positive, the person who was tested positive must travel home immediately. The tests are carried out by the *Malteser Aid Service* in Eschweiler. By registering for Powerman Alsdorf (online), each participant confirms the conditions of participation from Appendix 2. In addition, when entering the event site, everyone signs and collects the hygiene rules (Appendix 1). At the end of the event, these documents will be handed over to the Alsdorf Public Order and Health Office for follow-up. This gives the Alsdorf public order office a complete overview of the people who have entered the event site.

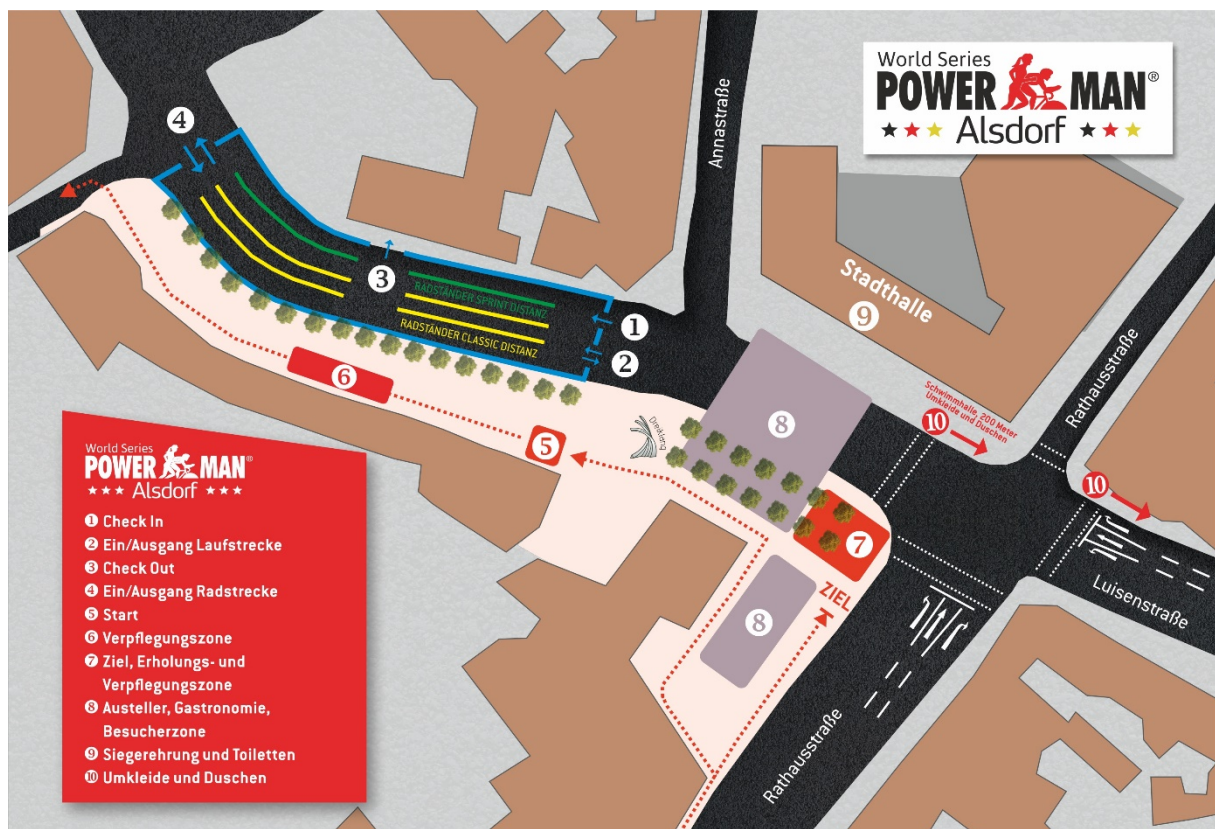


Abb.: Overview Site Area, Alsdorf





Abb.: planned running track



Abb.: planned bike course



### 3. Information Indoor Swimming Pool Luisenstraße

The indoor swimming pool in Luisenstrasse is to be used for the athletes' changing rooms.

The athletes are given access to the indoor pool from 60 minutes before the start of the event, staggered in time and space. The current hygiene concept for the indoor pool is being used and fully implemented.

#### Changing rooms & toilets:

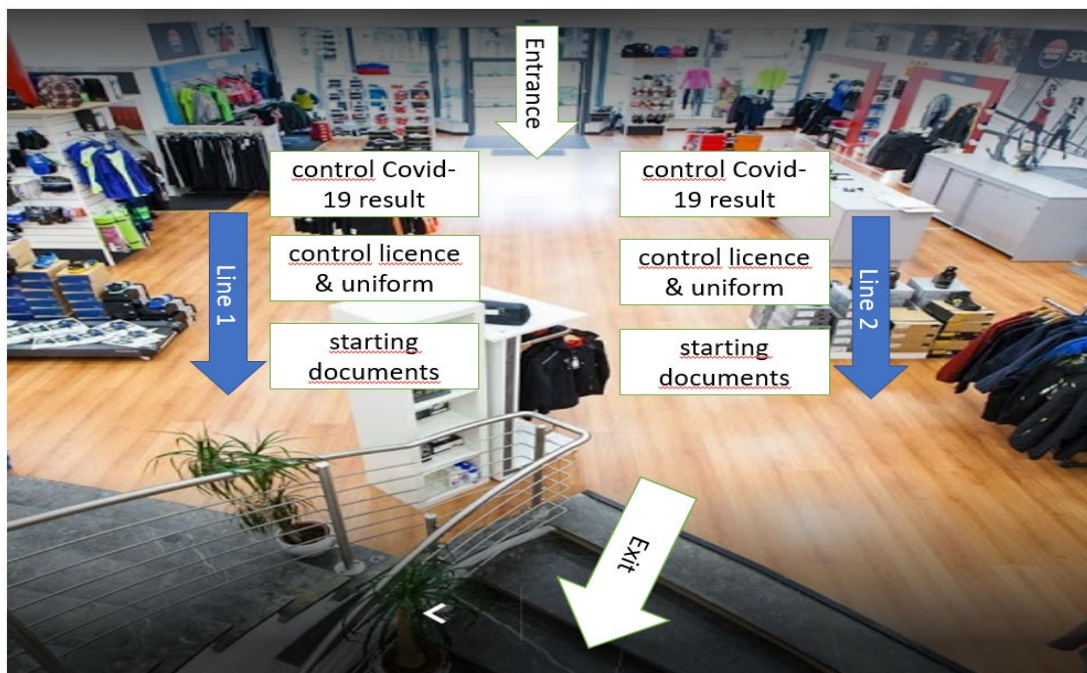
The changing rooms are divided into men and women. Only 1 person is allowed per 5 m<sup>2</sup> at any time. In the toilet, the minimum distance of 1.50 m must be observed, provided there is no partition between the toilets. Therefore every second urinal is blocked. Every second shower is blocked. It is switched to the use of paper towels once.

### 4. Traceability / issuing of start numbers EC and DM

**There is no real-time chip, the time is measured by a system that is integrated into the start number.**

The traceability of a possible infection is given through the registration of the athletes. For this purpose, Appendix 1 is signed by all athletes. The collection and registration takes place in a one-way system in the sports shop "Sportfreund Alsdorf" (Rathausstraße 57, 52247 Alsdorf). All hygiene and distance rules can be fully complied.

All athletes for the European Championship must use the online tool WT in advance.



All participants in the open race and sprint will receive their starting documents by post.

There is no real-time chip, the time is measured by a system that is integrated into the start number.

## **5. Catering**

Due to the containment of Corona, only locked catering is offered for the athletes, helpers or accompanying persons. The athletes have to cater for themselves, no drinks or fruit are served. Catering tables will be set up at which the athletes can cater for themselves.

## **6. Helper and Organization**

The arrival of the helpers and organizers is staggered depending on the function and takes place before the arrival of the athletes.

Number of helper: 100

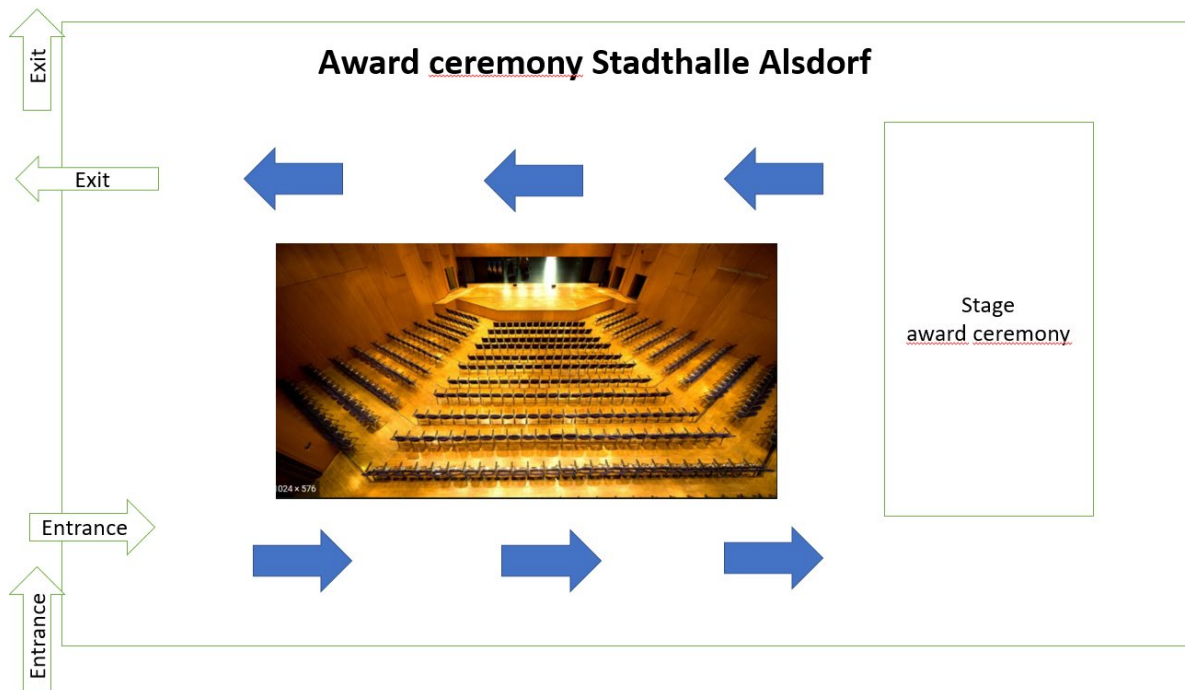
Number Organization: 10

Basically, all helpers receive specific instructions on the rules of conduct and are instructed on regular hygiene and infection protection.

- The helpers are divided into different task groups in order to minimize contact between everyone
- During the briefing, the generally applicable rules of conduct must be observed and pointed out.
- The helpers must wear gloves at all times in the registration area.

## **7. Award ceremony**

The award ceremony will take place in the Alsdorf town hall. The current hygienic concept of the Alsdorf town hall is used and implemented. The award ceremony is staggered so that a maximum of 100 people will be in the town hall at the same time. Access is only granted to athletes. Spectators are not allowed to enter the town hall. The minimum distance of 1.50 m is observed. A one-way system is set up locally in the hall. Only selected photographers will be allowed by the organizer, who will publish the pictures afterwards. These will be instructed in advance by the organizer. Award ceremony takes place only for the professional field. Open races and sprints can print out the certificates online.



## 8. General Rules

- In general, only people with a negative Corona rapid test are admitted to the event (with verifiable certificate / confirmation) - max. 24 hours old. Professional athletes must have a valid PCR test that is no longer than 24 hours old. All athletes from abroad need a PCR test. Vaccinated participants only need proof of vaccination.
- People with symptoms of COVID-19 disease and any other cold symptoms are not allowed to enter the competition area and are not allowed to take part in the competition.
- Athletes who have visited a person infected with the SARS-CoV-2 virus or who have returned from a risk area designated by the RKI in the two weeks prior to the run are not allowed to enter the sports facility or take part in the competition.
- People with a higher risk (previous illnesses) for severe COVID-19 illnesses will be excluded.
- Outside of the direct competition and the necessary athletic warming, masks are required on the entire competition area. All persons not participating in the competition must wear a mask at all times.
- All organizers, helpers and runners must confirm the conditions of participation and compliance with infection protection in lists with the corresponding contact details.
- Hand disinfectant is provided for the runners, helpers and organizers in various clearly visible places.
- The minimum distance of 1.50 m is observed.

## 9. Rules while using the sport event

- The marked competition area is only entered by the competition participants and helpers.
- Accompanying persons or visitors are excluded from the event area. Only people with a role defined by the organizers are allowed to participate. Since it is partly public area, local passers-by are on the way. Attention is paid to spatial separation in these.
- A minimum distance of 1.50 m is observed when entering and leaving the sports facility.
- All athletes are required to wear a mask outside of their own competition time. This also applies to the areas of registration and changing rooms. Sufficient masks will be provided by the organizer.
- The starting documents are issued contactless. There is an obligation to pay the entry fee online in advance of the event. There is no box office.
- All people present on the sports facility are documented in writing.
- Due to the recommended contact limit and the minimum distance as well as the required disinfection of the location, we do not offer physiotherapy before or after the run.
- Temperature measurements of the athletes will be taken at check-in

If the body temperature is  $> 38^{\circ}\text{C}$ , a rapid corona test is carried out. If it turns out positive, the person who tested positive must travel home immediately. The tests are carried out by the *Malteser Hilfsdienst Eschweiler*.

## 10. Competition procedure and rules of conduct

The competition is held in several waves to minimize contacts. Up to 750 athletes are admitted, although fewer participants are to be expected. The starts of the age groups take place in the rolling start format every 10 seconds for 4 athletes

### Time Plan

Start	Group	Place in Alsdorf
08:00 Uhr	Elite Women	Denkmalplatz
08:05 Uhr	Elite Men	Denkmalplatz
08:45 Uhr	Agegrouper Men 20-54	Denkmalplatz
09:15 Uhr	Agegrouper Men 55-85	Denkmalplatz
10:00 Uhr	Para	Denkmalplatz
10:02 Uhr	Agegrouper Woman	Denkmalplatz
11:00 Uhr	Open race / Team relay	Denkmalplatz
12:20 Uhr	Sprint Distance	Denkmalplatz

- The start area is arranged in such a way that all runners have enough distance to another runner
- The start take place in several waves with a maximum of 4 athletes per wave.
- The next wave only starts when there is sufficient distance (10 seconds) to the previous wave.
- Running and cycling are non-contact.
- Participation certificates can be printed out online yourself.
- Athletes briefing takes place online
- The athlete has to wear his start number with the integrated timely chip on his body at the check-in.



## **11. Additional Documents:**

WHO Mass Gathering COVID-19 Risk Assessment Tool – Sports Events

World Triathlon Covid Guideline

## **12. Rapid Corona Test Facilities:**

Glückauf Testzentrum Alsdorf (300m from Event)

[Registration Glückauf](#)

Pharmacy at Denkmalplatz (300m from Event)

[Registraion Denkmalplatz](#)

**Be careful, without a registration, a testing is not possible**