

ATHLETE'S GUIDE 2022

 **Europe
Triathlon
Duathlon
Championships**

Alsdorf
2022
Middle Distance
POWERMAN

World Series
POWER MAN
★★★ Alsdorf ★★★

TABLE OF CONTENTS

1. GENERAL INFORMATION	
1.1. INTRODUCTION	
1.2. KEY DATES	
1.3. KEY CONTACTS	
1.4. CONTACT DETAILS	
2. VENUE	
2.1. RACE VENUE	
2.2. COURSE FAMILIARIZATION	
2.3. ATHLETE'S LOUNGE	
2.4. ELITE ATHLETES' RACE PACKAGE	
2.5. DOPING CONTROL	
3. ACCOMMODATION	
4. TRANSFER AND TRANSPORT	
5. ATHELETE'S SERVICES	
5.1. SWIM AND BIKE TRAINING	
5.2. BIKE MECHANICAL SERVICE	
6. COMPETITION SCHEDULE	
6.1. ELITE WOMEN	
6.2. ELITE MEN	
6.3. COMPETITION RULES	
6.4. ATHLETE'S BRIEFING	
6.5. TIMING CHIPS	
6.6. RESULTS	
6.7. PROTEST & APPEALS	
7. ACCREDITATION	
8. USEFUL INFORMATION	
8.1. LANGUAGE	
9. COURSE MAPS	
10. Covid PI	

1. GENERAL INFORMATION

1.1. INTRODUCTION

The purpose of the Athlete's Guide is to ensure that all athletes, coaches, and Team Leaders are well informed about all procedures concerning the Event. The LOC ensures that the information contained in this Guide is correct and up to date as of the production date. However, athletes, coaches and Team Leaders are advised to check with the event office regarding any changes in information included in this guide.

1.2. KEY DATES

Friday 08.04.2022

times	Event	Venue Alsdorf
14:00-16:00	POWERMAN Classics Elite / Para with European Championships Elite uniform & license check Race pack hand out, include a Covid quick test. Pick up times will be sent out after the registration is closed	Sportsfreund Alsdorf, Bahnhofstraße 56
16:00-18:00	POWERMAN Classics Elite / Para with European Championships PCR test if someone needs it for the return journey. Registration is required. Result arrives on Sunday. Be aware the test is not for free	tba

Saturday 09.04.2022

times	Event	Venue Alsdorf
10:00 – 12:00	Issuing of race numbers (EC uniform check) POWERMAN Classics European Championships AG , by Nation, times follow after the closing of the Registration	Sportsfreund Alsdorf, Bahnhofstraße 56
12:30 – 13:30	Issuing of race numbers POWERMAN Sprint & Classic German Championships AG	Sportsfreund Alsdorf, Bahnhofstraße 56
14:00 – 16:00	Issuing of race numbers POWERMAN Sprint, POWERMAN Classic Open race, Team relay	Sportsfreund Alsdorf, Bahnhofstraße 56
17:00 -18:00	Elite briefing http:// to insert link WT	Online or Stadthalle
At 18:00	AG briefing in English and German	Online Klicken Sie hier, um an der Besprechung teilzunehmen
18:30-19:00	Online questions form AG	Online

Sunday 10.04.2022

Start times Sunday	Group	Venue Alsdorf
08:00- 17:00	Coivd quick test, free for all athletes	tba
08:00	Elite Women	Denkmalplatz
08:05	Elite Men	Denkmalplatz
08:45	AG Men 20-54	Denkmalplatz
09:15	AG Men 55-85	Denkmalplatz
10:00	Para	Denkmalplatz
10:02	AG Women	Denkmalplatz
11:00	Open race / Team relay	Denkmalplatz
12:00 & 12:20	DM Sprint & Sprint Distance	Denkmalplatz
Cut off times		
13:15	Last bike lap	Denkmalplatz
14:00	bike	Denkmalplatz
15:30	Last run lap	Denkmalplatz

BIKE CHECK-IN, OUT directly after the finish

Check IN	Check Out	Klasse/Strecke
7:00-8:00	-	Elite Woman
7:00-8:00	-	Elite Men
7:00-8:30	-	AG Men-55 (MK20-MK50)
7:00-8:30	-	AG Men +55 (MK55-MK85)
7:00-8:30 & 9:30-9:50	-	Para
7:00-8:30 & 9:30-9:50	-	AG Women
7:00-8:30 & 9:30-9:50	-	Open race / Team relay
11:00-12:00	-	Sprint

Medal Ceremony if possible, like the covid concept

	Group	Venue Alsdorf
16:00	Elite	Stadthalle Alsdorf
	EC Para + Age group	Stadthalle Alsdorf
	DM Age group	Stadthalle Alsdorf
	DM Sprint & Powerman Sprint	Stadthalle Alsdorf
	Powerman open	Stadthalle Alsdorf

1.3. KEY CONTACTS

Name and contact details of:

- Race director Patrick Thevis, thevis@freenet.de
- technical delegate Thomas Klingler Thomas.klingler@swisstriathlon.ch
- Covid officer Florian Hach florianhach@gmx.de

1.4. CONTACT DETAILS Patrick Thevis, thevis@freenet.de

2. VENUE

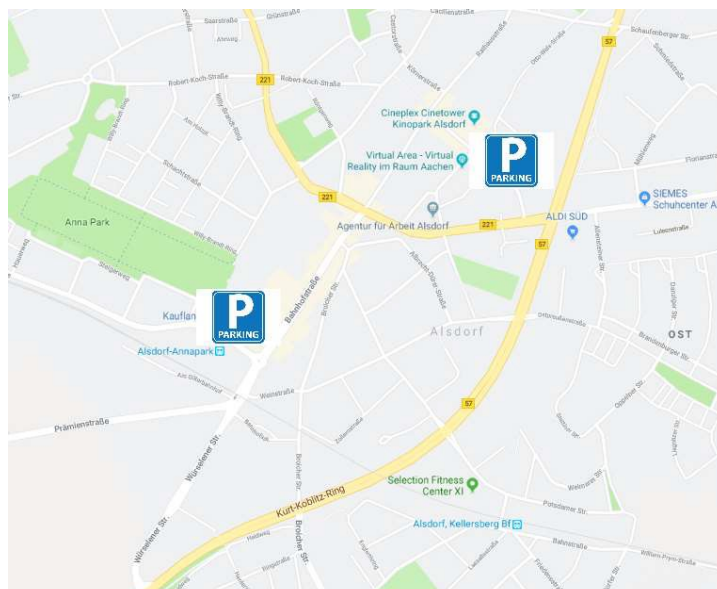
2.1. RACE VENUE Denkmalplatz, 52477 Alsdorf



Parking

Parking close to venue. Kaufland Alsdorf, Bahnhofstr. 37, 52477 Alsdorf

Be care full this parking looked form 8:00- 16:00



2.2 COURSE FAMILIARIZATION We have no familiarisation.

Be careful it not allowed to ride bikes on the roads L240 and on the 57n. They can only use when they are closed for the race.

2.3. ATHLETE'S LOUNGE

The bag drop of is in the city hall, there are also toilets.

A recovery area is behind the finish, showers are in the Luisenbad it can used be the covid concept.

2.4. RACE PACKAGE

The Elite/para get the race pack at the Sportsfreund Alsdorf, Bahnhofstraße 56 on Friday

AG Race pack pick with the uniform check is located at the Sportsfreund Alsdorf, Bahnhofstraße 56

2.5. DOPING CONTROL

The doping control will be located in the town hall. Doping tests will be conducted according to WORLD TRIATHLON/WADA rules. The athletes must carry their identification to the doping control facilities.

3. ACCOMMODATION

Book your hotel room as soon as possible (in2 Boarding House, City Hotel Alsdorf and Hotel Gloria Alsdorf). Camping facilities are 2 km from the race site.

4. TRANSFER AND TRANSPORT

Closest airports from the event: Maastricht/Aachen Airport at 40 km, Cologne Airport at 70 km and Düsseldorf Airport at 70 km with well working railway connection to Alsdorf

5. ATHELETE'S SERVICES

5.1. TRAINING FACILITIES

Showers at the completion days are near the TA in **Luisenbad**



BIKE The bike course cannot be used for training, most of the roads are normally closed for bikes



RUN The run course can use all time.

5.2. BIKE MECHANICAL SERVICE

Bike Shop: bestbike Radsport, Bahnhofstraße 43, 52477 Alsdorf

6. COMPETITION SCHEDULE

6.1. ELITE WOMEN

DAY	START	END	ACTIVITY	LOCATION
08.04.2022	14:00	16:00	Athlete registration	Sportsfreund Alsdorf, Bahnhofstraße 56
09.10.2022	17:00	18:00	Online Briefing	http:
09.10.2022	19:30	20:30	Second Covid quick test if necessary	Not fixed yet
10.04.2022	7.00	8:00	TA check in	Denkmalplatz
10.04.2022	7:50		Calling area	Denkmalplatz
10.04.2022	7:55		Athletes introduction	Denkmalplatz
10.04.2022	8:00		Start	Denkmalplatz
10.04.2022	16:00		Award Ceremony	Town hall

6.2. ELITE MEN

DAY	START	END	ACTIVITY	LOCATION
08.04.2022	14.00	16:00	Athlete registration	Sportsfreund Alsdorf, Bahnhofstraße 56
09.04.2022	17:00	18:0	Online Briefing	http:
09.04.2022	19:30	20:30	Second Covid quick test necessary	Not fixed yet
10.04.2022	7.00	8:00	TA check in	Denkmalplatz
10.04.2022	7:50		Calling area	Denkmalplatz
10.04.2022	7:55		Athletes introduction	Denkmalplatz
10.04.2022	8:00		Start	Denkmalplatz
10.04.2022	16:00		Award Ceremony	Town hall

6.3. COMPETITION RULES

The event will follow the latest published Competitions Rules of the International Triathlon Union.

6.4. ATHLETE'S BRIEFING

Saturday 09.04.2022

17:00 18:00 Uhr	Elite/Para he briefing Over WT registration	Online or Stadthalle Alsdorf
09:00	Video online Race briefing AG as download	LOC and WT Website

6.5. TIMING CHIPS

At the registration athletes will be given a timing chip, it is inside the start number.

6.6. RESULTS

Results will be uploaded live at the WORLD TRIATHLON official website www.triathlon.org.

Please inform if there is any live coverage.

All the Results information will be distributed to the Team Leaders at the Information Centre (location?).

6.7. PROTEST & APPEALS

Standard procedures will be followed according to the World Triathlon Competition Rules

7. ACCREDITATION

The LOC will provide to all the Organizing Committee Members, WT Technical Officials, Athletes, VIPs, media, technical staff, court personnel, volunteers, etc. with an official Accreditation Card. Info on when and where the accreditations will be distributed.

Only accredited people will be allowed to access certain venue areas. Accreditation Cards provide access to specific areas of the competition areas.

All accredited people are always requested to carry their Accreditation Cards with them and to show them upon request. Accreditation Cards are mandatory to enter the venue.

8. OTHER USEFUL INFORMATION

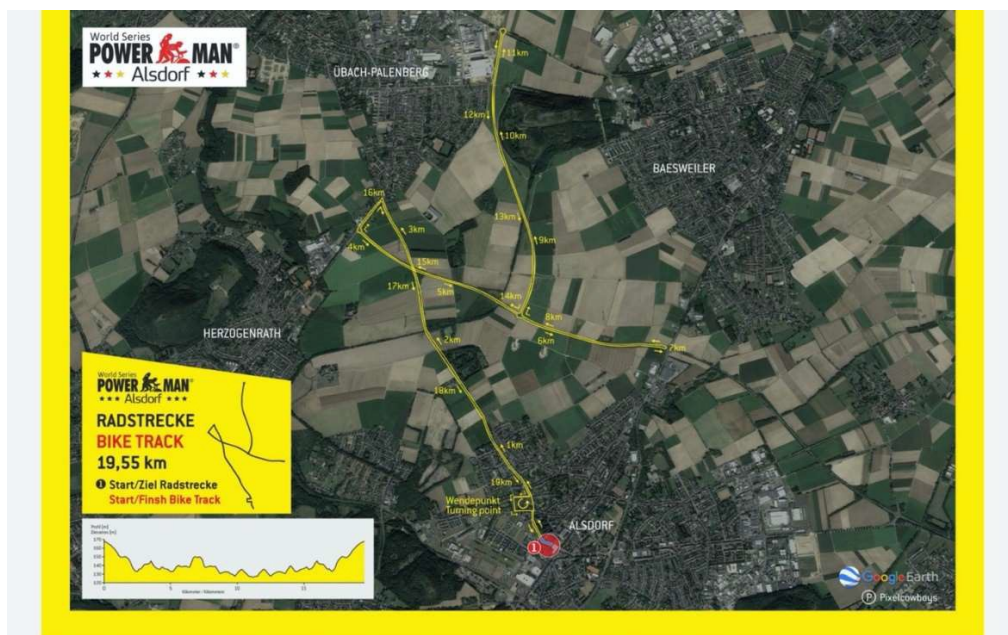
8.1. LANGUAGE is English.

9. COURSE MAPS

TRANSITION 1



BIKE COURSE 3 laps



🏃 RUN COURSE



10. Covid Plan

Quick Test are available under:

mEvent location

<https://www.glueckauf-apotheke-alsdorf.de/>

mEvent location

<https://www.apothekeamdenkmalplatz.de/>

Be care full, without a registration, a testing is not possible.

The complete Covid plan is online on the web page.

Good luck, and thanks to our sponsors.